

HOW TO USE RETRA RISE



SCOOP

Add approx. 1 scoop to 6-10 OZ. of cold water



MIX

Shake or mix well for 10 seconds



DRINK

Enjoy the incredible benefits

WHAT IS RETRA RISE?

Retra Rise is your all-in-one daily upgrade, replacing a shelf full of supplements with one powerful scoop.

Boost energy, focus, mood, immunity, digestion, and more.

Fuel your day. Sharpen your mind. Feel your best.



Scan to see how it works and learn why so many people are adding **Retra Rise** to their daily routine.

www.RetraGlobal.com

Store in a cool, dry place. Do not use if seal is missing or broken.



MIXED BERRY

RETRA Rise

ADVANCED ALL-IN-ONE DRINK MIX

Gut Health

Cardiovascular Health

Brain Health

Hormonal Balance

Inflammatory Support

Skin, Hair & Nails

Immune Support

Mood & Stress

Energy & Focus

Superfoods • Vitamins • Minerals • Amino Acids
Nootropics • Antioxidants • Adaptogens • Prebiotics

30 SERVINGS | NET WT 300 G (10.5 OZ)



Nutrition Facts

30 servings per container
Serving size (10g)

Amount per serving
Calories 15

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 6g 2%

Dietary Fiber 4g 14%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 0g

Vitamin D 20mcg 100%

Calcium 0mg 0%

Iron 0mg 0%

Potassium 190mg 4%

Vitamin A 900mcg 100%

Vitamin C 180mg 200%

Vitamin E 15mg 100%

Thiamin 2mg 170%

Riboflavin 2.5mg 190%

Niacin 8mg 50%

Vitamin B₆ 8.5mg 500%

Folate 400mcg DFE 100%

Vitamin B₁₂ 24mcg 1000%

Biotin 30mcg 100%

Pantothenic Acid 10mg 200%

Selenium 55mcg 100%

Manganese 0.8mg 35%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS:

RETRA SOLUBLE DIGESTIVE HEALTH COMPLEX [Soluble Vegetable Fiber, Rice Extract, Soluble Stabilized Rice Bran, Gamma Oryzanol from Rice Bran Oil], **RETRA METABOLIC & CARDIOVASCULAR HEALTH COMPLEX** [L-Arginine, L-Citrulline, L-Theanine, Cinnamon Bark Extract, Cacao Powder, Nattokinase], Potassium Citrate, Citric Acid, Natural Flavors, Stevia Leaf Extract, Natural Vegetable Juice Color (from Beet Root Powder), Vitamin C (Ascorbic Acid), **RETRA NOOTROPIC ADAPT & THRIVE COMPLEX** [Organic Spirulina, Organic Chlorella Cracked Cell, Organic Turmeric Root, Ashwagandha Root Extract, Goji Berry Powder, Lion's Mane Mushroom, Reishi Mushroom, Maca Root Powder, Siberian Ginseng Root Powder], **RETRA ENZYMATIC ANTI-OXIDANT COMPLEX** [Grape Seed Extract 95% proanthocyanidins, Pine Bark Extract, Manganese Gluconate, Bitter Melon Extract], Natural Caffeine from Green Coffee Beans, **RETRA SUPER FOOD COMPLEX** [Blueberry Extract, Pomegranate Fruit Powder, Hawthorn Berry Extract, Ginger Root Extract, Aloe Vera Gel Leaf 200:1], Ancient Sea Salt & Trace Minerals, Vitamin E (dl-Alpha Tocopheryl Acetate), Selenium (L-Selenomethionine), Vegan Vitamin D3 (Cholecalciferol), Vitamin B5 (Pantothenic Acid), Vitamin A (Retinyl Palmitate), Katemfe Fruit Extract, Vitamin B1 (Thiamin HCL), Vitamin B2 (Riboflavin), Vitamin B3 (Niacinamide), Vitamin B6 (Pyridoxine HCL), L-5-Methyltetrahydrofolate Calcium, Biotin, Vitamin B12 (Methylcobalamin).

- Contains no artificial colors, flavors, or preservatives.
- Contains naturally occurring caffeine. Not recommended for pregnant women, children, or people sensitive to caffeine.

Manufactured for Retra
7910 Trillium Hollow Ct., Katy, TX 77493

† Matthew 6:33

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MANGO

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