RETRA
HEALTH

Sermorelin

A natural-signallng approach

A provider-guided peptide approach designed to support recovery, sleep quality, body composition, and healthy-aging goals by encouraging the body's own natural growth hormone signaling.

HORMONES + VITALITY



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What is Sermorelin?

Sermorelin is a peptide that helps signal the pituitary gland to support the body's own natural growth hormone release. It is often explored for recovery, sleep quality, body composition, and vitality.

SUPPORT YOUR BODY'S OWN PATHWAY.



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Why Sermorelin?

Think natural signaling.

Some people want support that works with the body's own rhythm. Sermorelin is designed to help stimulate natural growth hormone signaling as part of a broader recovery and vitality approach.

RECOVERY • SLEEP • BODY COMPOSITION • VITALITY



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Meet the GHRH Signal

Sermorelin works through the **GHRH** pathway to cue the pituitary and support natural growth hormone signaling.

GHRH
supports natural growth hormone signaling

FOCUSED SUPPORT. A SMART SIGNALING APPROACH.



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Who is Sermorelin For?

Built for adults who want support with recovery, vitality, body composition, and healthy-aging goals.

- Recovery and performance goals
- Sleep and overnight recovery support
- Lean-muscle and body-composition focus
- Vitality and healthy-aging focus
- Provider-guided hormone-support approach

It's not about shortcuts. It's about sustainable support.



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One Treatment.

Multiple Areas of Support.

- Sleep Quality
- Recovery Support
- Lean-Muscle Support
- Body Composition
- Vitality Support
- Healthy Aging

A broader approach to recovery and vitality.



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Why Natural Signaling Matters

The advantage is the approach. Sermorelin is designed to cue the body's own signaling process rather than directly replace growth hormone.

Sermorelin → Pituitary Signal → Growth Hormone Support

SLEEP + RECOVERY + VITALITY + BODY COMPOSITION



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The Retra Health Experience

01 **Create your account**
Explore your options

02 **Complete your intake**
Share your goals and health history

03 **Provider review**
A licensed provider evaluates your case

04 **Prescription + fulfillment**
If appropriate, medication is prescribed and shipped by a licensed pharmacy

05 **Begin your journey**
Follow your provider-directed plan



ADVANCED WELLNESS. MADE SIMPLE.

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What to Expect

Progress takes partnership.

When paired with provider guidance and healthy habits, Sermorelin may support progress over time. Sleep, consistency, recovery, movement, and follow-through all matter.

- Provider-guided plan
- Consistent routine
- Sleep and recovery focus
- Long-term consistency

SUSTAINABLE PROGRESS IS BUILT STEP BY STEP.



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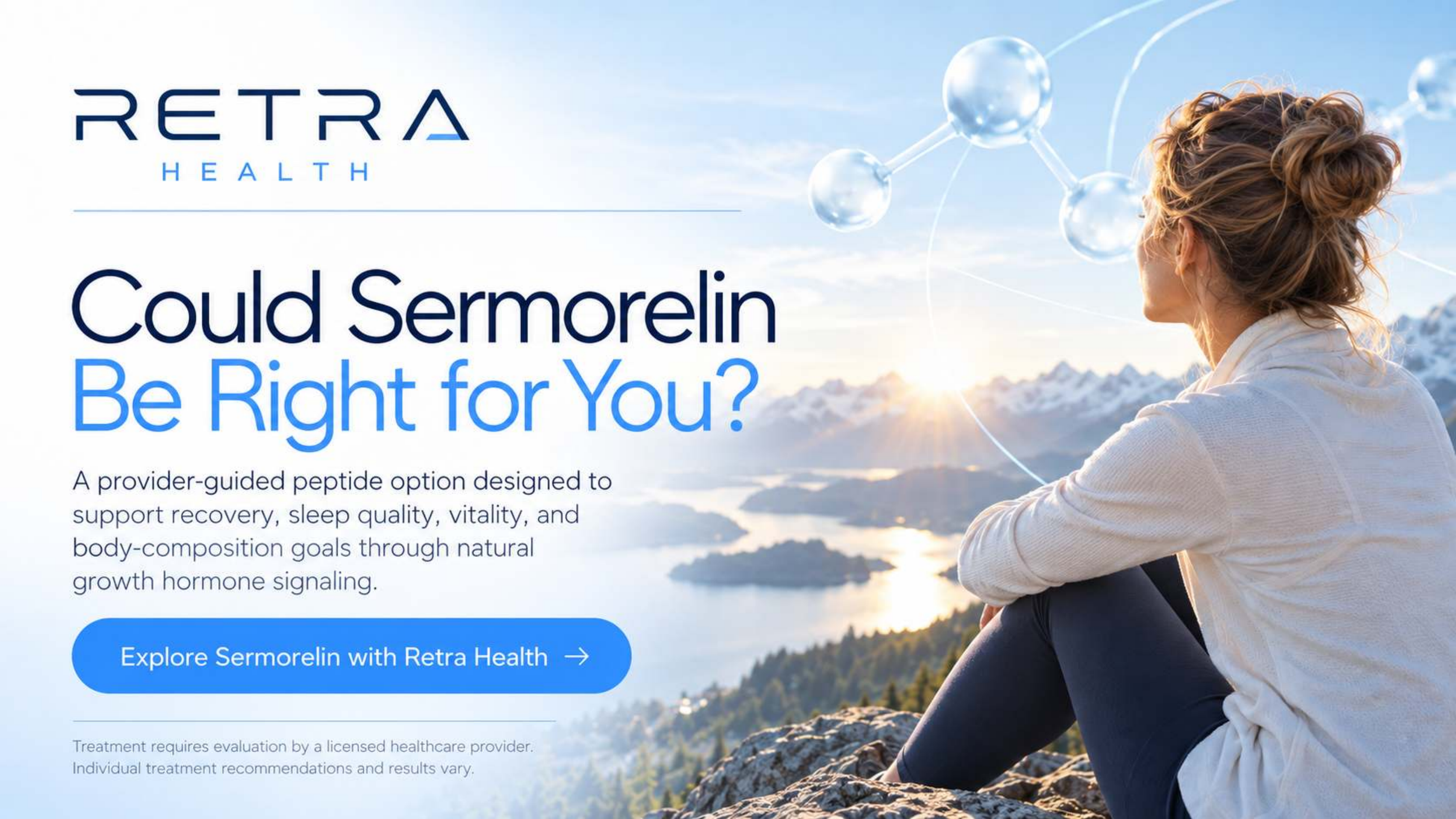
Could Sermorelin Be Right for You?

A provider-guided peptide option designed to support recovery, sleep quality, vitality, and body-composition goals through natural growth hormone signaling.

Explore Sermorelin with Retra Health →



Treatment requires evaluation by a licensed healthcare provider.
Individual treatment recommendations and results vary.