RETRA
HEALTH

NAD+

Cellular energy support

A provider-guided wellness approach designed to support cellular energy, mental clarity, healthy aging, and overall vitality.

ENERGY + LONGEVITY



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What is NAD+?

NAD+ is a coenzyme found in every cell that helps support energy production, cellular repair, and metabolic function. It plays a central role in how the body converts nutrients into usable energy.

FOUNDATIONAL SUPPORT AT THE CELLULAR LEVEL.



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Why NAD+?

Think foundational energy.

Some people want support that starts deeper than a temporary boost. NAD+ is often explored as a foundational approach to support cellular energy, mental clarity, resilience, and healthy aging.

ENERGY • CLARITY • RESILIENCE • LONGEVITY •



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Meet the Cellular-Energy Pathway

NAD+ helps support mitochondrial energy production and overall cellular function, making it a key part of many wellness and longevity conversations.

NAD+
supports cellular energy production

FOCUSED SUPPORT. A FOUNDATIONAL WELLNESS APPROACH.



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One Treatment.

Multiple Areas of Support.

- Cellular Energy
- Mental Clarity
- Healthy Aging
- Metabolic Function
- Recovery Support
- Vitality

A broader approach to daily vitality.



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Who is NAD+ For?

Built for adults who want support with energy, focus, healthy aging, and overall vitality.

- Low-energy days and everyday vitality
- Mental clarity and focus support
- Healthy-aging and longevity focus
- Recovery and resilience support
- Provider-guided wellness approach

It's not about quick fixes. It's about foundational support.



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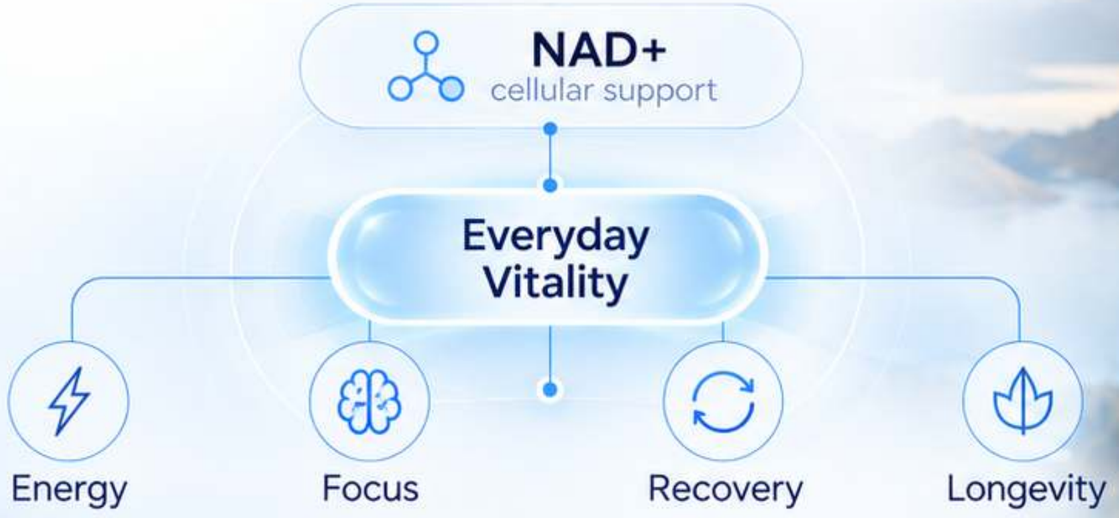
Why Cellular Support Matters

The advantage is that NAD+ supports processes the body relies on every day. It is often explored as a foundational option for energy, focus, recovery, and longevity support.



ENERGY + FOCUS + RECOVERY + LONGEVITY



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The Retra Health Experience

Create your account
Explore your options

Complete your intake
Share your goals and health history

Provider review
A licensed provider evaluates your case

Prescription + fulfillment
If appropriate, medication is prescribed and shipped by a licensed pharmacy

Begin your journey
Follow your provider-directed plan



ADVANCED WELLNESS. MADE SIMPLE.

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What to Expect

Progress takes consistency.

When paired with provider guidance and healthy habits, NAD+ can support a more consistent approach to energy, clarity, recovery, and vitality over time.

- Provider-guided plan
- Consistent routine
- Healthy habits
- Long-term consistency

SUSTAINABLE WELLNESS IS BUILT STEP BY STEP.



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Could NAD+ Be Right for You?

A provider-guided wellness option designed to support cellular energy, focus, recovery, and healthy-aging goals.

Explore NAD+ with Retra Health →

Treatment requires evaluation by a licensed healthcare provider.
Individual treatment recommendations and results vary.

